

Office of the Medical Director

Excellence, Compassion, Partnership, Integrity

CoVID-19 Update – 5.28.2020

Visit <http://www.regionsems.com/covid-19> for additional resources

Current State

- We are not in crisis mode and should be responding to all calls and treating/transporting appropriately.
- Regions Hospital updates:
 - You may be asked to discontinue certain aerosol-generating procedures when you enter the ED until the patient is in a room (CPAP, nebulizers, etc.).
 - *Some TTA requests will be downgraded* to help limit the number of people in the room.
 - ECMO – Please continue to call the ECMO team for eligible patients. (612) 638-4901.

Protect Yourself

- PPE works! Use it!
- Limit the number of providers involved in patient care.
- Whenever possible ask the patient to meet you at the front door to avoid entering the house/facility.
- No nebulizers in the ambulance!!! If absolutely needed, administer treatments outside of the ambulance.
- *In-line viral respiratory filters should be used with all nebulizers and airway devices.*
- Maintain 6 feet of separation from the patient except for hands-on exams or procedures.
- First responders should perform an initial size-up through a window or from the door if possible and stage for EMS if the patient's mental status and respiratory effort are adequate.
- If the patient requires transport but is not likely to require close monitoring, consider transporting in the back of the ambulance alone without a provider (MN only – while EMS statutes are suspended).

Protect Others

- Although N-95 masks with a valve provide the wearer with protection, they do NOT offer protection to those around you and should NOT be considered adequate to prevent community spread.
- No riders in the ambulance unless the patient absolutely requires a guardian or support person.
- *Cardiac arrests should not be transported* except in specific circumstances (such as ECMO).
- PCR signatures are optional for CoVID-19 suspected patients. CMS has temporarily waived this requirement retroactive to March 1. Document "unable to sign" and list CoVID-19 pandemic as the reason.
- Practice social distancing as much as possible. Avoid gathering in ambulance vestibules and be mindful of where you are doffing and disposing of your PPE to limit exposure to other crews and patients.
- *We recommend everyone wear a mask at all times while at work* except for eating or in a private space such as a bedroom or office. *This includes every single patient encounter.*
- *All patients from congregate living facilities should be treated as suspected COVID-positive regardless of their chief complaint or symptoms.*

Conserve Resources

- Masks may be re-used throughout a shift unless damaged or visibly soiled.
- *All patients and crew members should be wearing a mask when entering a hospital or ED.*
- Encourage non-transport or alternative transport options if the patient is stable, in no distress, has no confounding medical issues, and is only seeking evaluation for CoVID-19 related symptoms.
- Contact medical control (MRCC) if needed to assist with transport decisions.
- In order to minimize reports *there is no need to call in an MRCC report for routine low-risk non-transports.*
- MRCC reports should be kept brief utilizing the Green/Yellow/Red triage system.
- Use radios for communication as cell phone networks have become overloaded and unreliable.

Exposures and Testing

- Exposures should be risk-stratified and managed according to the algorithm posted on our [website](#).
- *CoVID-19 testing is expanding. All symptomatic patients can now be tested.*
- Screen asymptomatic staff by checking temperatures at least every 12 hours. Follow the instructions in the Symptomatic First Responder document posted on our [website](#).
- Testing of *symptomatic* public safety professionals and family members is encouraged. See the “Guidance for CoVID-19 testing of symptomatic first responders” document on our [website](#).
- Antibody tests are unproven and should not be used for decisions about immunity or quarantine. Important information on these tests is available on our [website](#).
- As testing result times are shortening, it is important for PCRs to be completed and uploaded promptly. In some cases a positive test result is reported before the PCR is available, which delays notification of pre-hospital professionals.

Daily Trivia

Previous question: *How many different coronaviruses are known to infect humans?*

Seven!

Today's question: *Prior to COVID-19, how long were astronauts quarantined prior to launch?*

Send your guess to RegionsEMS@HealthPartners.com for a shout-out in our next video! Also let us know your agency, where you're from, and an image of your agency's patch for our virtual patchboard. *Please take time to review the Frequently Asked Questions (FAQ) section on our website. These are updated regularly and contain important information.*